

# Community Resources

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**Aging and Disability Resource Center**

Toll-free: (855) 937-2372

[www.hhs.texas.gov](http://www.hhs.texas.gov)

**Area Agency on Aging of the Alamo Area**

(210) 362-5200

[www.aacog.com](http://www.aacog.com)

**Area Agency on Aging of the Capital Area**

Toll-free: (888) 622-9111

[www.aacap.org](http://www.aacap.org)

**Area Agency on Aging of Central Texas**

Toll-free: (800) 447-7169

[www.centexaaa.com](http://www.centexaaa.com)

**Area Agency on Aging of the Heart of Texas**

(254) 292-1800

[www.hotcog.org](http://www.hotcog.org)

**Area Agency on Aging of  
North Central Texas**

Toll-free: (800) 272-3921

[www.nctcog.org/cs/aging](http://www.nctcog.org/cs/aging)

**American Bar Association**

Toll-free: (800) 285-2221

[www.americanbar.org](http://www.americanbar.org)

**American Society on Aging**

Toll-free: (800) 537-9728

[www.asaging.org](http://www.asaging.org)

**National Council on Aging**

Toll-free: (800) 677-1116

[www.ncoa.org](http://www.ncoa.org)

**Social Security Administration**

Toll-free: (800) 772-1213

[www.ssa.gov](http://www.ssa.gov)

**State Bar of Texas**

Toll-free: (800) 204-2222

[www.texasbar.com](http://www.texasbar.com)

**Texas Health and Human Services  
Commission**

Toll-free: (877) 541-7905

[www.hhsc.state.tx.us](http://www.hhsc.state.tx.us)

**Texas Young Lawyers Association**

(800) 204-2222 ext. 1529

[www.tyla.org](http://www.tyla.org)